

PAC-12 TRACK & FIELD CHAMPIONSHIP RECORDS

MEN

100m	Andre De Grasse, USC	9.97	2015
200m	Ato Boldon, UCLA	20.00	1996
400m	Danny Everett, UCLA	44.34	1988
800m	Joaquim Cruz, ORE	1:45.12	1984
1,500m	Lawi Lalang, ARIZ	3:36.34	2014
5,000m	Henry Rono, WSU	13:20.23	1978
10,000m	Henry Rono, WSU	27:46.55	1978
110mh	Aleec Harris, USC	13.35	2014
400mh	Jeshua Anderson, WSU	48.13	2011
3000 SC	Julius Korir, WSU	8:26.10	1984
4x100	UCLA	38:59	1988
4x400	Arizona State	3:01.26	2004
HJ	Brian Marshall, STAN	2.28/7-5 3/4	1988
	Jesse Williams, USC	2.28/7-5 3/4	2005
	Nick Ross, ARIZ	2.28/7-5 3/4	2014
PV	Toby Stevenson, STAN	5.72/18-9 1/4	2000
LJ	Dwight Phillips, ASU	8.18/26-10	1999
TJ	Joseph Taiwo, WSU	16.91/55-5 3/4	1982
SP	John Godina, UCLA	21.76/71-4 3/4	1995
DT	Julian Wruck, UCLA	65.41/214-7	2013
HT	Balazs Kiss, USC	81.94/268-10	1995
JT (new)	Cyrus Hostetler, ORE	77.21/253-4	2010
Dec	Mike Ramos, WASH	8,322	1986

WOMEN

100m	English Gardner, ORE	11.03	2011
200m	Deajah Stevens, ORE	22.09	2017
400m	Kendall Ellis, USC	49.99	2018
800m	Alysia Johnson, CAL	2:00.57	2008
1,500m	Shelby Houlihan, ASU	4:11.06	2015
5,000m	Amy Skieresz, ARIZ	15:44.91	1997
10,000m	Vanessa Fraser, STAN	33:10.84	2018
100mh	Gail Devers, UCLA	12.61	1988
400mh	Kori Carter, STAN	54.21	2013
3000 SC	Erin Clark, COLO	9:48.72	2016
4x100	Oregon	42.71	2016
4x400	USC	3:29.52	2017
HJ	Brigetta Barrett, ARIZ	1.99/6-6.25	2013
PV	Chelsea Johnson, UCLA	4.60/15-1	2006
LJ	Christabel Nettey, ASU	6.68/21-11	2013
TJ	Erica McLain, STAN	14.15/46-5 1/4	2007
SP	Maggie Ewen, ASU	19.22/63-0 3/4	2018
DT	Suzy Powell, UCLA	65.22/214-0	1997
HT	Maggie Ewen, ASU	74.38/244-0	2018
JT (new)	Rachel Yurkovich, ORE	58.26/191-2	2009
Hep	Brianne Theisen, ORE	6,353	2012

FOUR-TIME INDIVIDUAL CHAMPIONS - MEN

One Event

400 Meters

Jerome Davis, USC 1996, 97, 98, 99

400 Meter Hurdles

Jeshua Anderson, WSU 2008, 09, 10, 11

3000 Meter Steeplechase

Aaron Aguayo, ASU 2004, 05, 06, 07

Long Jump

Randy Williams, USC 1972, 73, 74, 75

Hammer

Scott Neilson, WASH 1976, 77, 78, 79

Balazs Kiss, USC 1993, 94, 95, 96

Javelin

Sam Crouser, ORE 2012, 13, 14, 15

Discontinued events...

880 Yards

Rick Brown, CAL 1971, 72, 73, 74

Three Miles

Steve Prefontaine, ORE 1970, 71, 72, 73

FOUR-TIME INDIVIDUAL CHAMPIONS - WOMEN

One Event

400-Meter Hurdles

Sheena Johnson, UCLA 2001, 02, 03, 04

High Jump

Amy Acuff, UCLA 1994, 95, 96, 97

Triple Jump

Erica McLain, STAN 2005, 06, 07, 08

Shot Put

Julie Labonte, ARIZ 2010, 11, 13, 14

Discus

Dawn Dumble, UCLA 1991, 92, 93, 95

Javelin

Brianna Bain, STAN 2012, 13, 14, 15

Rachel Yurkovich, ORE 2006, 07, 08, 09

Inga Stasiulionyte, USC 2001, 02, 03, 04

THREE-TIME INDIVIDUAL CHAMPIONS - MEN**One Event****100 Meters (since 1976)/100 Yards (1960-75)**

Ahmad Rashad, USC	2007, 09, 10
Lennox Miller, USC	1967, 68, 69

200 Meters (since 1976)/200 Yards (1960-75)

Ahmad Rashad, USC	2007, 09, 10
Lennox Miller, USC	1967, 68, 69

400 Meters (since 1976)/200 Yards (1960-75)

Jerome Davis, USC	1996, 97, 98, 99
Gabriel Tiacoh, WSU	1984, 85, 86

800 Meters (since 1976)/200 Yards (1960-75)

Andrew Wheating, ORE	2008, 09, 10
David Mack, ORE	1980, 81, 82
Rick Brown, CAL	1971, 92, 73, 74

1500 Meters (since 1976)/Mile (1960-75)

Lawi Lalang, ARIZ	2012, 13, 14
Matthew Centrowitz, ORE	2009, 10, 11
Gabe Jennings, STAN	2000, 01, 02
Bernard Lagat, WSU	1997, 98, 99
Hailu Ebba, OSU	1972, 73, 74

5000 Meters (since 1976)/3 Miles (1960-75)

Robert Chesert, ARIZ	2004, 05, 06
Marc Davis, ARIZ	1989, 91, 92
Steve Prefontaine, ORE	1970, 71, 72, 73
Gerry Lindgren, WSU	1966, 67, 78

10,000 Meters (since 1976)/6 Miles (1960-75)

Robert Cheseret, ARIZ	2004, 05, 06
Peter Koech, WSU	1983, 84, 85
John Ngeno, WSU	1973, 74, 75

110-Meter Hurdles (since 1976)

Eric Mitchum, ORE	2004, 05, 06
Kehinde Alade'fa, USC	1994, 95, 96
Ryan Wilson, USC	2000, 02, 03
Greg Foster, UCLA	1978, 79, 80

400-Meter Hurdles (since 1976)/**440-Yard Hurdles (1963-1975)**

Jeshua Anderson, WSU	2008, 09, 10, 11
Brandon Johnson, UCLA	2004, 05, 07
Kevin Young, UCLA	1986, 87, 88
Tom Andrews, USC	1975, 76, 77

3000-Meter Steeplechase

Aaron Aguayo, ASU	2004, 05, 06, 07
Julius Korir, WSU	1983, 84, 86

High Jump

Nick Ross, ARIZ	2011, 12, 14
Dick Fosbury, OSU	1967, 68, 69

Pole Vault

Jax Thoirs, WASH	2014, 15, 16
Tommy Skipper, ORE	2004, 06, 07
Brent Burns, CAL	1989, 91, 92

Three-time champions - Men (cont'd)**Long Jump**

Latin Berry, ORE	1988, 89, 90
Randy Williams, USC	1972, 73, 74, 75

Triple Jump

Darian Brooks, STAN	2014, 15, 16
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Shot Put

Nicholas Scarvelis, UCLA	2014, 15, 16
Jordan Clarke, ASU	2011, 12, 13
John Godina, UCLA	1993, 94, 95
Neal Steinhauer, ORE	1965, 66, 67
Dallas Long, USC	1960, 61, 62

Discus

Greg Garza, UCLA	2006, 07, 08
John Godina, UCLA	1993, 94, 95
Dave Weill, STAN	1961, 62, 63

Hammer

Boldizsar Kocsor, UCLA	2006, 08, 09
Norbert Horvath, USC	1999, 00, 01
Balazs Kiss, USC	1993, 94, 95, 96
Tore Gustafsson, WSU	1982, 93, 86
Scott Neilson, WASH	1976, 77, 78, 79

Javelin (since 1960; new implement since 1986)

Sam Crouser, ORE	2012, 13, 14, 15
Esko Mikkola, ARIZ	1998, 99, 00

Decathlon

Dakotah Keys, ORE	2012, 13, 14
Ashton Eaton, ORE	2008, 09, 10
Mike Ramos, WASH	1983, 84, 86
Craig Brigham, ORE	1973, 74, 95

(Pedro daSilva (ORE) won the 1992 competition with 8,060 points, but was later declared ineligible, per NCAA rules)

TWO-TIME INDIVIDUAL CHAMPIONS - MEN

One Event

100 Meters (since 1976)/100 Yards (1960-75)

13 times, last by Aaron Brown, USC (2012, 13)

11 times since 1976

200 Meters (since 1976)/200 Yards (1960-75)

9 times, last by James Alaka, WASH (2011, 12)

7 times since 1976

400 Meters (since 1976)/200 Yards (1960-75)

12 times, last by Michael Norman, USC (2017, 18)

11 times since 1976

800 Meters (since 1976)/200 Yards (1960-75)

10 times, last by Elijah Greer, ORE (2012, 13)

7 times since 1976

1500 Meters (since 1976)/Mile (1960-75)

12 times, last by Lawi Lalang, ARIZ (2012, 13, 14)

9 times since 1976

5000 Meters (since 1976)/3 Miles (1960-75)

12 times, last by Lawi Lalang, ARIZ (2011, 14)

9 times since 1976

10,000 Meters (since 1976)/6 Miles (1960-75)

10 times, last by Edward Cheserek, ORE, (2016, 17)

9 times since 1976

110-Meter Hurdles (since 1976)/

120-Yard Hurdles (1960-75)

15 times, last by Ray Stewart, CAL (2011, 13)

12 times since 1976

400-Meter Hurdles (since 1976)/

440-Yard Hurdles (1963-1975)

12 times, last by Rai Benjamin, UCLA/USC (2017, 18)

11 times since 1976

3000-Meter Steeplechase

7 times, last by Aaron Aguayo, ASU (2004, 05, 06, 07)

High Jump

10 times, last by Nick Ross, ARIZ (2011, 12)

Pole Vault

15 times, last by Jax Thoirs, WASH (2014, 15, 16)

Long Jump

13 times, last by Damarcus Simpson, ORE (2017, 18)

Triple Jump

14 times, last by Darian Brooks, STAN (2014, 15, 16)

Shot Put

12 times, last by Nicholas Scarvelis, UCLA (2014, 15, 16)

Discus

14 times, last by Julian Wruck, UCLA (2013, 14)

Hammer

11 times, last by Remington Conaster, USC (2013, 14)

Two-time champions - Men (cont'd)

Javelin (since 1960; new implement since 1986)

12 times, last by Sam Crouser, ORE (2012, 13, 14, 15)

Decathlon

11 times, last by Pau Tonnessen, ARIZ (2015, 16)

THROUGH 2018 CHAMPIONSHIPS

THREE-TIME INDIVIDUAL CHAMPIONS - WOMEN**One Event****100 Meters**

Virginia Powell, USC	2004, 05, 06
Chryste Gaines, STAN	1990, 91, 92

200 Meters

Torri Edwards, USC	1996, 98, 99
Maicel Malone, ASU	1988, 90, 91

400 Meters

Phyllis Francis, ORE	2012, 13, 14
Keshia Baker, ORE	2008, 09, 10
Camara Jones, ORE	1992, 93, 95
Maicel Malone, ASU	1988, 90, 91

800 Meters

Raevyn Rogers, ORE	2015, 16, 17
Laura Roesler, ORE	2012, 13, 14
Brigita Langerholc, USC	1999, 00, 01

1,500 Meters

Shelby Houlihan, ASU	2013, 14, 15
Grazyna Oenc, USC	1996, 97, 98

10,000 Meters

Alicia Craig, STAN	2003, 04, 05
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100-Meter Hurdles

Michelle Perry, UCLA	1999, 00, 01
Joanna Hayes, UCLA	1996, 97, 98
Janeene Vickers, UCLA	1989, 90, 91

400-Meter Hurdles

Jaide Stepter, USC	2014, 15, 16
Sheena Johnson, UCLA	2001, 02, 03, 04
Natasha Danvers, USC	1998, 99, 00
Janeene Vickers, UCLA	1988, 89, 90

High Jump

Brigetta Barrett, ARIZ	2011, 12, 13
Whitney Evans, WSU	2001, 02, 03
Amy Acuff, UCLA	1994, 95, 96, 97
Tanya Hughes, ARIZ	1991, 92, 93

Pole Vault

Katerina Stefanidi, STAN	2010, 11, 12
Tracy O'Hara, UCLA	1999, 00, 01

Long Jump

Erica McLain, STAN	2005, 06, 08
Tiffany Greer, ASU	2000, 01, 02

Triple Jump

Erica McLain, STAN	2005, 06, 07, 08
Tatyana Obukhova, USC	2000, 01, 02
Amy Littlepage, CAL	1995, 96, 97
Roshanda Glenn, UCLA	1992, 93, 94

Three-time champions - Women (cont'd)**Shot Put**

Julie Labonté, ARIZ	2010, 11, 13, 14
Sarah Stevens, ASU	2006, 07, 09
Seilala Suan, UCLA	1998, 99, 00
Valeyta Althouse, UCLA	1994, 95, 96
Dawn Dumble, UCLA	1991, 92, 93

Discus

Anna Jelmini, ASU	2011, 12, 13
Dawn Dumble, UCLA	1991, 92, 93, 95

Hammer

Maggie Ewen, ASU	2016, 17, 18
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Javelin

Brianna Bain, STAN	2012, 13, 14, 15
Mackenzie Little, STAN	2016, 17, 18

Heptathlon

Brianne Theisen, ORE	2009, 10, 12
Jacquelyn Johnson, ASU	2004, 06, 08
Ellannee Richardson, WSU	2001, 02, 03
Tracy Laywer, STAN	1997, 98, 99
Alissa Brooks-Johnson, WSU	2015, 17, 18

TWO-TIME INDIVIDUAL CHAMPIONS - WOMEN

One Event

100 Meters

8 times, last by Jenna Prandini, ORE (2013, 14)

200 Meters

8 times, last by English Gardner, ORE (2012, 13)

400 Meters

8 times, last by Kendall Ellis, USC (2017, 18)

800 Meters

8 times, last by Raevyn Rogers, ORE (2015, 16, 17)

1500 Meters

9 times, last by Shelby Houlihan, ASU (2013, 14, 15)

3000 Meters (*discontinued*)

Twice, last by Monal Chokshi (1995, 98)

5000 Meters

7 times, last by Shelby Houlihan, ASU (2014, 15)

10,000 Meters

5 times, last Jessica Tonn, STAN (2014, 15)

100-Meter Hurdles

10 times, last by Kori Carter, STAN (2012, 13)

400-Meter Hurdles

7 times, last Jaide Stepter, USC (2014, 15, 16)

3000-Meter Steeplechase

4 times, last by Erin Clark, COLO (2015, 16)

High Jump

8 times, last by Lisanne Hagens, ARIZ (2016, 17)

Pole Vault

4 times, last by Elizabeth Quick, WASH (2016, 17)

Long Jump

7 times, last by Christabel Nettey, ASU (2011, 13)

Triple Jump

7 times, last by Jamesha Youngblood, ORE (2009, 10)

Shot Put

9 times, last by Maggie Ewen, ASU (2017, 18)

Discus

10 times, last by Maggie Ewen, ASU (2017, 18)

Hammer

5 times, last by Maggie Ewen, ASU (2016, 17, 18)

Javelin (since 1987; new implement since 1999)

7 times, last by Mackenzie Little, STAN (2016, 17, 18)

Heptathlon

9 times, last by Alissa Brooks-Johnson, WSU (2015, 17, 18)

THROUGH 2018 CHAMPIONSHIPS

**INDIVIDUAL TITLES, One Meet
MEN**

- 3 Martin Keino, ARIZ - twice
*1993 - 1500, 5000, 3000SC and
1995 - 1500, 5000, 3000SC*
- 3 Josephat Kapkory, WSU
1994 - 3 Miles, 6 Miles, 3000SC
- 3 Dan Ames, UCLA
2004 - Shot, Discus, Hammer
- 3 Robert Chesert, ARIZ - twice
*2004 - 1500, 5000, 10,000;
2006 - 1500, 5000, 10,000*
- 3 Ashton Eaton, ORE
110MH, Long Jump, Decathlon

**INDIVIDUAL TITLES, One Meet
WOMEN**

- 4 Gail Devers, UCLA
1987 - 100, 200, 100MH, Long Jump
- 3 Gail Devers, UCLA
1988 - 100, 100MH, Long Jump
- 3 Seilala Sua, UCLA
1999 - Shot Put, Discus, Javelin
- 3 Jenna Prandini, ORE
2014 - 100, 200, Long Jump
- 3 Maggie Ewen, ASU
2017 - Shot Put, Discus, Hammer
- 3 Maggie Ewen, ASU
2018 - Shot Put, Discus, Hammer

**INDIVIDUAL TITLES, Career
MEN**

- 8 Robert Cheseret, ARIZ
*1500 Meters '04, '06; 5000 Meters '04, '05, '06;
10,000 Meters '04, '05, '06*
- 6 Lennox Miller, USC
100 Meters '67, '68, '69; 200 Meters '67, '68, '69
- 6 Martin Keino, ARIZ
1500 Meters '93, '95; 5000 Meters '93, '95; 3000 SC '93, '95
- 6 John Godina, UCLA
Shot Put '93, '94, '95; Discus '93, '94, '95
- 6 Ahmad Rashad, USC
100 Meters '07, '09, '10; 200 Meters '07, '09, '10
- 6 Lawi Lalang, ARIZ
*1500 Meters '12, '13, '14; 5000 Meters '11, '14;
10,000 Meters '13*
- 5 Steve Prefontaine, ORE
One Mile '71; Three Miles '70, '71, '72 '73
- 5 John Ngeno, WSU
5000 Meters '76; Three Miles '74; Six Miles '73, '74, '75
- 5 Peter Koech, WSU
1,500 Meters '85; 5000 Meters '82; 10,000 Meters '83, '84, '85
- 5 Julius Korir, WSU
5000 Meters '84, '86; 3000 SC '83, '84, '86
- 5 Latin Berry, ORE
Long Jump '88, '89, '90; Triple Jump '87, '88
- 5 Marc Davis, ARIZ
5000 Meters '89, '91, '92; 3000 SC '91, '92
- 5 Josephat Kapkory, WSU
*1500 Meters '92; 10,000 Meters '92, '94; 5000 Meters '94,
3000 SC '94*
- 5 Jerome Davis, USC
400 Meters '96, '97, '98, '99; 200 Meters '99
- 5 Dan Ames, UCLA
Shot put '03, '04; Discus '03, '04; Hammer '04
- 5 Ashton Eaton, ORE
Decathlon '08, '09, '10; 100MH '10; Long Jump '10

**INDIVIDUAL TITLES, Career
WOMEN**

- 7 Gail Devers, UCLA
100 Meters '87, '88; 200 Meters '87; 100MH '87, '88; LJ '87, '88
- 7 Dawn Dumble, UCLA
Shot '91, '92, '93; Discus '91, '92, '93, '95
- 7 Erica McLain, STAN
Long Jump '05, '06, '08; Triple Jump '05, '06, '07, '08
- 7 Maggie Ewen, ASU
Hammer '16, '17, '18; Shot Put '17, '18; Discus '17, '18
- 6 Janeene Vickers, UCLA
100MH '89, '90, '91; 400MH '88, '89, '90
- 6 Maicel Malone, ASU
200 Meters '88, '90, '91; 400 Meters '88, '90, '91
- 6 Seilala Sua, UCLA
Shot '98, '99, '00; Discus '99, '00; Javelin '99
- 6 Sheena Johnson, UCLA
100MH '03, '04; 400MH '01, '02, '03, '04
- 6 Sarah Stevens, ASU
Shot '06, '07, '09; Discus '07, '09, Hammer '08
- 5 Torri Edwards, USC
100 Meters '96, '99; 200 Meters '96, '97, '99
- 5 Virginia Powell, USC
100 Meters '04, '05, '06; 100MH '05, '06
- 5 Shelby Houlihan, ASU
1500 Meters '13, '14, '15; 5000 Meters '14, '15

PAC-12 TRACK & FIELD CHAMPIONSHIPS HISTORY

Summary - MEN (since 1960)

	Team Titles	Event Titles ¹	Team Relay Titles ²
Arizona	0	85	3
Arizona State	1	75	21
California	0	79	6
Colorado	0	6	0
Oregon	19	180	5
Oregon State	0	33	1
Stanford	2	73	1
UCLA	17	198	24
USC	16	255	41
Utah	0	0	0
Washington	0	81	4
Washington State*	2	124	7
Total	57*	1,189	113

1 - includes relay and discontinued events

2 - includes discontinued relay events

* - two titles forfeited and vacated due to NCAA violations (1985, 1991)

MOST EVENT TITLES - One Meet

11 USC, 1961

CONSECUTIVE YEARS WITH AT LEAST ONE EVENT TITLE - All-time

54 UCLA, 1965-present

35 USC, 1984-present

25 Oregon, 1994-present

21 USC, 1960-80

21 California, 1981-2001

20 Washington State, 1973-92

MOST EVENT TITLES, All-time by event

100 Meters - 19, USC

200 Meters - 20, USC

400 Meters - 17, USC

800 Meters - 12, Oregon

1,500 Meters - 10, Oregon

5,000 Meters - 14, Arizona

10,000 Meters - 12, Oregon

110m Hurdles - 15, USC

400m Hurdles - 15, USC

3,000m SC - 14, Oregon

4x100m Relay - 16, USC

4x400m Relay - 15, USC

High Jump - 11, USC

Pole Vault - 15, UCLA

Long Jump - 14, USC

Triple Jump - 16, UCLA

Shot Put - 17, UCLA

Discus - 19, UCLA

Hammer - 14, USC

Javelin - 16, Oregon

Decathlon - 17, Oregon

MOST EVENT TITLES, All-time by event

Discontinued events

100 Yards - 8, USC

200 Yards - 9, USC

440 Yards - 7, UCLA

880 Yards - 6, California

Mile - 5, Oregon

Three Miles - 7, Oregon

Six Miles - 3, Washington State

120yd Hurdles - 10, USC

440yd Hurdles - 4, UCLA

440yd Relay - 6, USC

Mile Relay - 8, UCLA

PAC-12 TRACK & FIELD CHAMPIONSHIPS HISTORY

Summary - WOMEN

	Team Titles	Event Titles ¹	Team Relay Titles
Arizona	0	48	1
Arizona State	3	90	12
California	0	18	0
Colorado	0	12	0
Oregon	11	107	10
Oregon State	0	0	0
Stanford	1	71	2
UCLA	15	131	13
USC	2	116	25
Utah	0	0	0
Washington	0	23	0
Washington State	0	36	1
Total	32	652	64

1 - includes relay events

MOST EVENT TITLES - One Meet

12 Oregon, 2010

CONSECUTIVE YEARS WITH AT LEAST ONE EVENT TITLE - All-time

25 UCLA, 1987-2011

Active:

22 Stanford, 1997-present

21 Arizona State, 1998-present

MOST EVENT TITLES, All-time by event

100 Meters - 12, USC

200 Meters - 12, USC

400 Meters - 9, Oregon

800 Meters - 10, Oregon

1500 Meters - 8, USC

5000 Meters - 7, Oregon; 7, Stanford

10,000 Meters - 13, Stanford

100m Hurdles - 14, UCLA

400m Hurdles - 13, UCLA

3000m SC - 7, Colorado

4x100m Relay - 15, USC

4x400m Relay - 10, USC

High Jump - 11, Arizona

Pole Vault - 6, UCLA

Long Jump - 7, Arizona State; 7, UCLA

Triple Jump - 7, UCLA

Shot Put - 14, UCLA

Discus - 12, UCLA

Hammer - 7, UCLA

Javelin - 12, Oregon

Heptathlon - 7, Washington State

Discontinued Event

3000 Meters - 5, Oregon

THROUGH 2018 CHAMPIONSHIPS